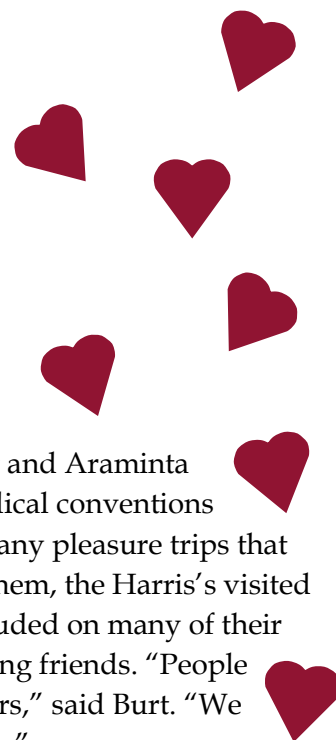




# The Oak Leaf

*A newsletter from*  
**Trinity Oaks Retirement Community**  
**Salisbury, North Carolina**



## Mr. Salisbury moves to Trinity Oaks

**Family and friends are central to Burt Harris**

**S**it with Burt Harris for an hour, no, ten minutes, and you'll be convinced that he knows everyone in town. "Knowing" is an understatement. Burt can name their mother and father, their spouse, all their brothers and sisters and distant relations going back to the colonists. Subscriptions to the *Salisbury Post* were probably cancelled in November when he moved in. No need for a newspaper with Burt Harris in the house.

With a friendship and membership list as long as his, Burt has to be a Salisbury native. He graduated in the Class of 1940, Boyden High School. In 1944, Burt married Araminta Epting shortly after receiving his commission in the Army Air Corps. He was a navigator serving on both coasts of the U.S.A. during the war. Araminta accompanied him until he was discharged in 1945.

After the war, the couple returned to Salisbury where Burt sold automobiles, insurance and furniture. None of those occupations suited him. He found his niche with his father, C.T. Harris, selling X-ray and physical therapy equipment and supplies. Burt expanded the business and then sold it in 1983. His expertise was with the electrical side of X-ray technology, but when the industry went electronic and then digital, he retired.



**Burt Harris**

During his working life, Burt and Araminta traveled to business and medical conventions across the country. On the many pleasure trips that Wayne Mullis arranged for them, the Harris's visited every state in the union. Included on many of their travels was a crowd of life-long friends. "People came in and out over the years," said Burt. "We had a lot of fun."

Burt probably holds the city record for memberships. He is a past member of the Salisbury Kiwanis and Civitan clubs. He recently completed 60 years with the Masonic Lodge and is a regular at the Moose Lodge, American Legion and St. John's Lutheran Church.

When not at Trinity Oaks, Burt and his family of three daughters, six grand children and three great-grandchildren can be found at his vacation house in Boone. With help from students at Appalachian State University a few years ago, Burt added three bedrooms and two baths to his mountain get-away. Home remodeling is his hobby.

Burt served on the Lutheran Services for the Aging (LSA) board and foundation during the building of Trinity Oaks. His sister-in-law, Becky, resides in one of the cottages. "I knew it was a good place," he said.

Recently Burt was asked to be part of LSA's upcoming campaign to raise \$5 million for new and enhanced facilities and services. "I'd like to help where I can," said Burt. That should do it.



## Trinity Oaks Staff

**Linda Agner**  
Marketing Assistant/  
Move-in Coordinator

**Patricia Andrews**  
Director of Dining Services

**Dianne Ashe**  
Security Team Leader

**Gerti Davis**  
Business Office Manager

**Betty Earnhardt**  
Director of Resident  
Services

**Robin Forbis**  
Wellness Team Leader

**Mysti Harris**  
Registered Nurse

**Diane Hundley**  
Director of Marketing &  
Sales

**Tim Klusman**  
Maintenance Team Leader

**Quentin Long**  
Director of Transportation

**JoAnn Martin**  
Health Services Director

**The Rev. Darrell Norris**  
Chaplain

**Deborah Snyder**  
Activities Director

**Jeff Stach**  
Campus Landscaping  
Director

**Diane Torrence**  
Director of Environmental  
Services

**Mike Walsh**  
Executive Director

## Spring Cruise to the Caribbean

**Mercury leaves March 29. All aboard.**

The Trinity Oaks Travelers are Caribbean bound on March 29. They leave Charleston for an 11-night cruise of the eastern Caribbean. Ports of call include San Juan, St. Thomas, St. Martin, Totola and St. Kitts.

Celebrity Cruise Lines is organizing the trip aboard the Mercury, the newest of Celebrity's three Century-class cruise ships. Amenities include the Aquaspa, the two-level Manhattan Restaurant with Champagne Bar, Navigator Club and Internet stations throughout the ship.



**Celebrity Mercury**

Travel Associates of Salisbury is arranging the cruise for Trinity Oaks. Final payment was due in mid-January, but "there are always last minute cancellations," said Donna Wilcoxson. If interested call her at 704-637-9000.

## Who's New?

**John Larson** (116B) retired as a professor of management. His children reside in Arizona (John Maxwell Larson), Virginia (Brian Rogers) and Illinois (Laura Wells). John has been a member of First Presbyterian Church, Salisbury, for the past 15 years. His hobbies include puzzles and games.

**Donald Leonard** (223B) retired from the dry cleaning business in Lexington. His daughter, Rochelle Bost resides in Salisbury. Donald enjoys walking and reading. He has been a member of First United Church of Christ – Lexington for his entire life, 90 years.

**Diane and Gary Molnar** (207 Luther Lane) come from Vineland, New Jersey. He is a retired head custodian; she is a retired teacher. Their son Scott Blakesley lives in Iowa. Gary likes woodworking and reading while Diane enjoys cooking, reading, and traveling. They are members of First Baptist Church, Vineland.



## Get to Know Us Now - Move When You're Ready

If you've been looking at retirement communities for a while, then you know that many have waiting lists. By joining Trinity Oaks **Future Resident's Program**, you can choose the type of residence you prefer, get to know residents by participating in our campus and off-campus activities and trips, dine in our Bistro or Dining

Room as a guest and take part in programs of interest designed especially for Future Residents. You also have priority access to Trinity Oaks Assisted Living and the Lutheran Home at Trinity Oaks. If interested, learn more about joining our Future Residents by calling the Marketing Office at 704-633-1002, ext. 225.



**Mike Walsh  
dancing with  
Jean  
McCalister**



**Becky Harris with brother-  
in-law Burt Harris**

**Gussie & Mac Ryan**

## Snowflake Ball 2009

### There's No Place Like Home Rebuilding after the death of a spouse

**Y**ou will not find "grief support" listed among the benefits of living in a continuing care community like Trinity Oaks, but ask people who live here who have lost a spouse.

Char Molrine and Billie Bryant are in the early phases of bereavement. Rev. Ron Molrine died in June 2008; Lee in May 2009. Hugh Childers' wife, Muriel, died three years ago. They recently met in Char's den to talk about their spouses, grief and what the Trinity Oaks family has meant to them.

All felt that they could share feelings, tears, decisions and the tough times with people their same age, the friends they have at Trinity Oaks. "They really understand," said Billie. "If I cried, we went on." She was particularly appreciative of one couple that changed their meal time to have dinner with her.

The three made some decisions quickly and were pleased with the outcome. The Monday after his wife died, Hugh went to breakfast in the Trinity Oaks dining room. "The quicker I can get back with other people, the better." "I did the same thing," replied Billie. Char, Billie and Hugh immediately gave away clothes to family and friends. "It was one of the best things I did," said Hugh.

Other decisions were more gradual. Billie has started to redecorate her apartment, making it more feminine. "There comes a time when you start making the



**Char Molrine**



**Hugh Childers**

place you live yours and not ours," she said.

The discussion sparked new ideas. Hugh's wife Muriel had willed her body to Wake Forest Medical School. The only expense was transporting the body to Winston-Salem. After two years her body was cremated at medical school expense and the ashes returned to Hugh. "I would love to do that," said Char.

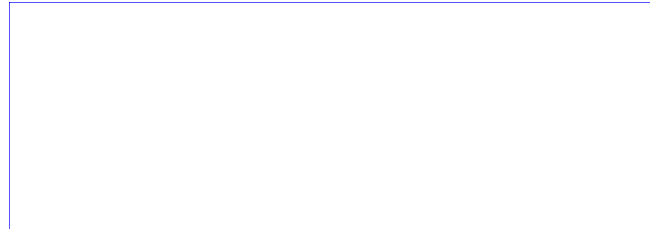
The three did not see eye to eye on the value of a formal grief group. One organized by Hospice and Palliative Care meets at Trinity Oaks. Char found the information useful; for Billie and Hugh their friends at Trinity Oaks were the only support group they needed.

There was one big relief. "I didn't have to make a decision about moving and my family didn't worry about me when they went home," said Billie. She and the others were surrounded by people who understood the loss of a spouse — because family whether blood or found — understands.

Trinity Oaks Retirement Community 728 Klumac Road, Salisbury, NC 28144  
Visit our Web site [www.trinityoaks.net](http://www.trinityoaks.net) or call us at 704-633-1002

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## The Oak Leaf

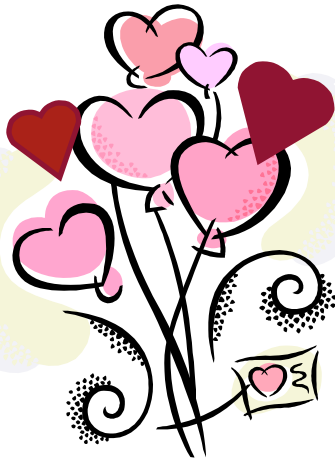


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## We've Got a Batch of Valentines for You



If you've been considering a move to Trinity Oaks, there is really no time like the present. There is so much going on these days that you really owe it to yourself to come take a look at our cottages and apartments and select yours now. And now for the first time, Trinity Oaks has more than one choice to help you get here. To learn more about how you can make the move, call the Trinity Oaks Marketing Office at 704-633-1002, ext. 225 and choose the plan that suits you.



- Save 20% on Cottage Entry Fees  
And . . . we have a really nice **Bonus Package** which includes moving costs, closing costs, granite counter tops and/or a flat screen TV and the 12<sup>th</sup> month of residency free! (\**Bonus Package limited to \$2,500 for apartments and \$5,000 for cottages. Twelfth month free is for first resident only.*)

### Rental or Lease Option

Are you interested in just a straight out rental? Now you can enjoy our active and secure community life and plentiful amenities on a month to month basis or choose a lease option. With the lease option a portion of the monthly fee can be applied to an entry fee for up to 13 months and then you may convert to a continuing care contract with benefits.



### Traditional Continuing Care

Continuing Care is Trinity Oaks' specialty and offers you that invaluable peace of mind of knowing you will never have to move again. Residents pay an Entry Fee and Monthly Service which assure priority access to Assisted Living and the Lutheran Home at Trinity Oaks. Right now you can:

- Save 10% on Apartment Entry Fees

### Short Term Cottage Rental

This choice is meant for snowbirds, those who want to spend most of their time at a second homes or maybe those whose home is under renovation. Live in one of our elegant cottages for 60, 90 or 120 days with our short term cottage rental option. We're sure once you experience the lifestyle, you'll want to stay forever.

