



The Oak Leaf



A newsletter from
Trinity Oaks Retirement Community
Salisbury, North Carolina

Three times around the world, now Salisbury is home **Following his father's footsteps led David Lee back to China**

After 39 years of missionary work, teaching and pastoral calls, David and Lorraine Lee had retired to Mesa, Arizona. Their trailer park home was spacious and comfortable; it's only drawback was location. Three of their four children resided in the eastern half of the U.S. "I felt the need to get nearer to them," said Lorraine. She started thinking about a move east.

What did the trick was an ad for Trinity Oaks in the August 2009 issue of *The Lutheran*. "I got out my atlas," said Lorraine, "and found that Salisbury was not far from North Wilkesboro." That's where their daughter Maribeth Holliman and her husband live.

When the Lees discussed a move, David, a retired Lutheran pastor, liked the summer of 2010. "No, sooner," said Lorraine. They enlisted Maribeth to scout Trinity Oaks and everyone agreed on a third floor, one-bedroom apartment. The Lees sold their trailer with all its furnishings and moved to Trinity Oaks in October. Furniture for this hardy and adventurous couple came from local furniture stores – Habitat for Humanity, Salvation Army and Goodwill.

When they arrived at Trinity Oaks for the first time, Lorraine was overwhelmed with what she saw. "It was so beautiful I was weeping," she said.



David and Lorraine Lee

In their life together the couple had nice housing before, especially in Kowloon, an area across Victoria Harbor from Hong Kong proper. David, who was born in China to missionary parents, knew the area well. His father helped buy the land for the church that David served on his first four-year assignment in Hong Kong (1964-1968). The couple were drawn to China following pastoral work in two Iowa churches and a conversation with David's father. "I never shut the door on following in my father's footsteps," said David.

Their camping trips, journeys and adventures could fill a few travel books! When their children were younger they toured Europe for six weeks visiting countries from Greece to England. When they returned to the states, they spent two years roaming the east coast as Missionaries in District for Aid Association for Lutherans. Accompanied by their children who performed Chinese dances, they spoke about missionary work in 180 churches from Maine to Florida and as far west as Pittsburgh.

Savvy world travelers know the language. "David is the linguist in the family," said Lorraine. He can speak Chinese, German, Norwegian, Hebrew and Greek. And because he is a singer, he knows some Italian too.

Being new to Salisbury, the Lees still need directions getting around. But for two people who have circled the globe three times, that should come quickly.

Trinity Oaks Staff Afghans for the Victory Junction Gang

All were made at Trinity Oaks with love

Linda Agner

Marketing Assistant/
Move-in Coordinator

Patricia Andrews

Director of Dining Services

Dianne Ashe

Security Team Leader

Gerti Davis

Business Office Manager

Betty Earnhardt

Director of Resident
Services

Robin Forbis

Wellness Team Leader

Mysti Harris

Registered Nurse

Diane Hundley

Director of Marketing &
Sales

Tim Klusman

Maintenance Team Leader

Quentin Long

Director of Transportation

JoAnn Martin

Health Services Director

The Rev. Darrell Norris

Chaplain

Deborah Snyder

Activities Director

Jeff Stach

Campus Landscaping
Director

Diane Torrence

Director of Environmental
Services

Mike Walsh

Executive Director

Once again the women of Trinity Oaks brought warmth to handicapped children at Victory Junction. This time it was 32 afghans and 12 pillows all hand-made and then delivered in early November to the camp in Randleman, N.C.

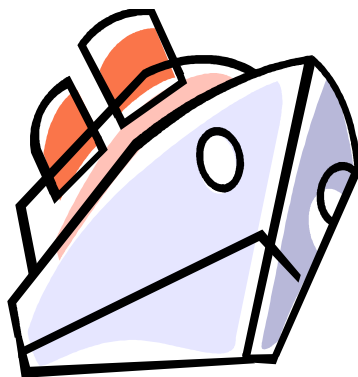
Seven women crocheted and knitted the afghans with yarn purchased by Trinity Oaks. Team leader Martha Travis recruited the volunteers, but since she neither crochets nor knits, she sewed pillows in three shapes for the children.

“With 125 children there each week, it takes a lot of afghans,” said Martha. Trinity Oaks is joined by churches throughout North Carolina in support of Victory Junction. The camp operates year round at no cost to families.



Heading to Victory Junction are (from left) Ruth Woodburn, Martha Travis, Montina Fox, Emmy Whitney, Debbie Snyder and Janet Manuel.

“We had people this time that had not participated before,” said Martha. That included Montina Fox, a Trinity Oaks employee who wanted to help. After seeing the afghans on display, she asked, “Can I make one?” The more the merrier – and warmer – for Victory Junction!



Spring Cruise!

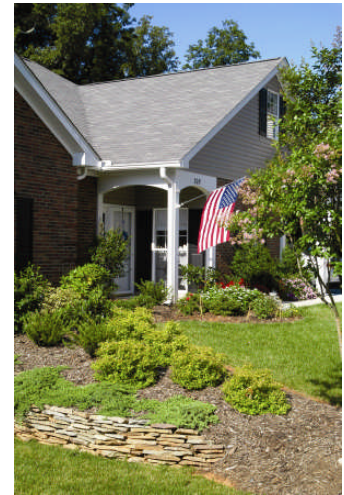
The Trinity Oaks Travelers are Caribbean Bound, Mon. Join us on an 11 day cruise to the Eastern Caribbean on the Celebrity Mercury. Departure March 29th out of Charleston. Call Debbie Snyder, Activities Director, 704-633-1002, at extension 402 for more information.

Welcome Neighbors!

W. L. Mowery (100A) arrived at Trinity Oaks in mid-October. His two children, Ellen Shoaf and Steve Mowery, reside in Rowan County. During his working life W. L. was an appliance and service technician for Duke Energy. He has been a member of John Calvin Presbyterian Church, Salisbury, since 1958. An avid fan of American Legion baseball, W.L. sells tickets at the games. His hobbies include checkers, reading and watching the Discovery Channel.

Try us. You'll like us!

- ▼ **Spend two delightful days at Trinity Oaks in our fully furnished guest cottage or two-bedroom apartment.**
- ▼ **Meet staff and residents, sample our food, enjoy our hospitality and experience our community in action.**
- ▼ **Call Diane at 704-633-1002, extension 225 for details and reservations at the "Trinity Oaks B&B."**



An exciting life in New York, Florida and on the high seas

New resident finds everything she wanted at Trinity Oaks

Myretta Castellani enjoyed her retirement home in Mooresville, N.C. She was near Davidson, N.C., where her daughter Nadine and son-in-law Jack lived. There were also plenty of friends in the neighborhood. But she saw people her age give up driving and become more dependent on their children. "I didn't want to put my daughter through that," she said. She also didn't like fixing dinner for one and dining alone. "I like to be around people my age."



Myretta Castellani

After reading all the brochures she received in the mail, Trinity Oaks looked like what she wanted. Plus there was extended care here – "That to me is a very important thing."

Before Mooresville, Myretta and her husband George lived in Palm Harbor, Florida. That's on Florida's west coast south of Clearwater. There they spent their retirement traveling throughout Europe and Asia and sailing with friends in the South Pacific and the British Virgin Islands.

After 44 years with the Borden Company in marketing and advertising, George had earned his

retirement. His responsibilities included designing milk and ice cream containers. "He was an idea man," said Myretta. George involved the whole family in packaging decisions asking their daughters – Nadine and Nanette – which design they liked best. George was also responsible for modernizing the image of Borden's world famous trademark, Elsie the Cow. For many years, George arranged the travel itinerary for Elsie and her twin calves. These were real cows, not actors in costume.

George and Myretta met in Westchester County, New York. They married in 1946 when he returned from serving in the Coast Guard during World War II. As his work on Madison Avenue in New York City progressed, the family moved to the country, the more rural part of Westchester County. George died suddenly in June 2002 shortly after the couple's trip to Thailand.

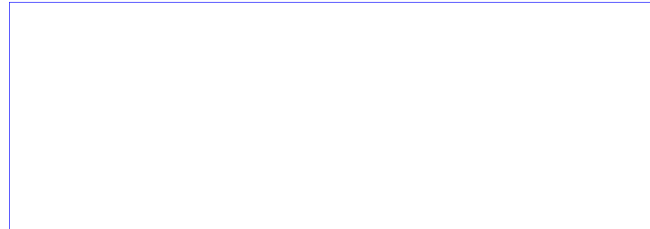
After downsizing her Mooresville home, Myretta moved to Trinity Oaks in September 2009. "Trinity Oaks has everything I ever wanted. I'm very happy here."



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Visit our Web site www.trinityoaks.net or call us at 704-633-1002

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Make a Resolution to Give Yourself Peace of Mind for 2010

Been considering a move to Trinity Oaks? Why not start 2010 knowing you'll be in your new home soon? Select one of our efficient and convenient apartments or a spacious and elegant cottage and you can celebrate the holidays knowing you've made a sound decision for your future.

You and your loved ones deserve the peace of mind that Trinity Oaks, a continuing care community, can offer. You have access to the full range of health services should you or a partner ever need them and the assurance that with our 80% refundable Entry Fee, the majority of your investment will be returned to you or your estate when you leave our community.

By joining a community of others, resources are pooled to use the power of numbers against escalating day to day costs of food, utilities and fuel.

Finally, by making the move NOW, you no longer have to face uncertain times alone. The Trinity Oaks "family" provides the same comfort and nurture that nuclear and extended

family would if they could. And the Trinity Oaks family is available 24/7!

We are currently offering a 20% discount on our cottage entry fees. In addition, we are offering a Bonus Package which helps cover moving and closing costs, upgraded countertops, maybe even a flat screen TV.* We'll even give you your 12th month of residency *free!** Call the Marketing Office, 704-633-1002, ext. 225, today to learn more or to schedule a visit.

* Bonus Package: Limit \$2500 per apartment; \$5000 per cottage.
** 12th month free for first occupant.



Live & Learn Times 2



Give yourself a gift by joining us for one of these holiday events:

Bring a guest and learn **"How to Live to Be 100 - The Continuing Care Advantage"** A Wellness Event and Luncheon, Tuesday, December 8, 10:30 a.m. - 1 p.m.

Let us entertain you with an afternoon of fun, meet residents, enjoy good food and have a delightful time in our Cottage Community, Tuesday, December 15, 2 p.m. Transportation will be provided to our Cottages from the Main Lobby.

Seating is limited for both events so call 704-633-1002, ext. 225 to RSVP.