



The Oak Leaf

A newsletter from
Trinity Oaks Retirement Community
 Salisbury, North Carolina



Going beyond the walls

Trinity Oaks residents extend care, concern and talent to others

When Barbra Streisand sang about grownup pride getting in the way of helping people, she sure wasn't thinking about Trinity Oaks. This is a community where love of others and clever ways of reaching out are everywhere. From children to the sick and needy, Trinity Oaks residents are there or planning to get there as soon as they can. Here is a sample of what is going on in our extramural arena.



Trinity Oaks Singers at practice

Rowan County United Way: Twenty-two community agencies – including LSA's Abundant Living Adult Day Services – partly depend on funds from Rowan County United Way. By selling baked goods, hot dogs, jewelry, and giving eager residents and staffers the chance to toss a whipped cream pie at Executive Director Mike Walsh and Health Services Director

Charlie Mullis, Trinity Oaks raised \$3010 toward to United Way's goal of \$1.855 million. By pulling together, dedicated contributors helped exceed the 2007-2008 campaign goal and raise over \$2 million.

Clown College: Former kindergarten teacher and Trinity Oaks resident Patsy Medlin understands the benefits of a good laugh. In Charlotte she was part of a clowning workshop for teachers. With the

help of Wellness Coordinator Janine Lawson, Patsy is recruiting residents who want to combine clowning and visiting at nursing homes like Lutheran Home at Trinity Oaks. "This is not a performance," said Patsy. "We knock and wait to be invited in." Patsy and Janine are guided by Jennie

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Thinking ahead

New services create new opportunities, decisions

From major renovations at Trinity Oaks to a new Alzheimer's wing at Lutheran Home at Trinity Oaks and a new home for Abundant Living adult day care center, Lutheran Services for the Aging (LSA) has kept architects and contractors *very* busy. Growth is essential in senior housing, an area where demand often exceeds supply. "Renovation

and expansion are critical to LSA's mission to express God's love in Christ to those we serve," said LSA President Ted Goins. "We must keep our program and our buildings in the best possible shape to provide abundant

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Lunch is served at the new Abundant Living Adult Day Services on South Boundary St.

Trinity Oaks Staff

Linda Agner
Marketing Assistant/
Move-in Coordinator

Dianne Ashe
Director of Security

Charlene Bollinger
Business Office Manager

Betty Earnhardt
Director of Resident
Services

Mysti Harris
Registered Nurse

Diane Hundley
Director of Marketing &
Sales

Tim Klusman
Maintenance Team Leader

Janine Lawson
Wellness Coordinator

Karen Leonard
Activity & Wellness
Director

Quentin Long
Director of Transportation

Larry Martin
Director of Dining Services

Charlie Mullis
Health Services Director

The Rev. Darrell Norris
Chaplain

Jeff Stach
Campus Landscaping
Director

Diane Torrence
Director of Environmental
Services

Mike Walsh
Executive Director

Karen Windate
Program Coordinator



We're getting so close to opening the new addition.

Make a Difference Day for Rowan Helping Ministries: 550 lbs of food collected from Trinity Oaks residents.



Thinking Ahead—continued from page 1

life to every person we serve today and in the future."

Abundant Living Day Care, renamed Abundant Living Adult Day Services, is now open. Its new 6,648 square foot building adjoins the LSA offices. A covered entranceway, two sunrooms, an herb garden, a full-service kitchen, and a new 73-inch high definition television create what Executive Director Barbara Garwood calls, "a very comfortable, peaceful room." For families with loved ones too frail to bathe without professional help, Abundant Living now has a side entrance step-in bathtub and the personnel to bathe and groom their clients.

The new Alzheimer's Wing may be one of the most in-demand facilities at LSA's Salisbury nursing home. It is expected to open in December with 25 beds. Residents of Trinity Oaks have

SCHEDULE

Trinity Singer & Ringers

Tuesday December 11 at noon:
First United Methodist Church
Senior Citizens Club

Friday December 21 at 10 a.m.
Salisbury Academy

Thursday February 14 at 11 a.m.
St. John's Lutheran Church
Golden Opportunity Club



Ted Goins

priority access to the new wing, which was the dream of the late Virginia Casey, a major benefactor and Trinity Oaks resident. Beds at the new wing will be offered first to Trinity Oaks residents and then to the public. It is an important added benefit for residents and those considering a relocation to Trinity Oaks.

"Trinity Oaks is on target for a late January or early February opening of our own 8,000 sq. ft. addition," said Trinity Oaks Executive Director Mike Walsh. Residents are eager to experience their new fitness room, bistro, balcony, library and 250-seat special events room and chapel.

Welcome Neighbors!



Dorothy "Pat" Van Lierop (130C) hails from Salisbury. She is a retired homemaker who enjoys reading and bridge. Her son, Beryl, lives in Jackson, Mississippi; daughters are Patricia Banker from Asheboro and Emily Laska from Edmond, Oklahoma.

Mamie Bridgers (339C) has resided in Kannapolis for the past 56 years. She retired from Cannon Mills and enjoys gardening, camping, and bead work.

John Saxon (132C) is a retired mechanical engineer from St. Helena Island, South Carolina. One daughter, Rebecca Orndorff, lives close – in Gold Hill. Another daughter, Linda Saxon, and son Robert live in Virginia. John enjoys wood working, fishing, photography, and model airplanes.

Jean McAllister (242C), an avid bridge player, has been a member of Sacred Heart Catholic Church, Salisbury, for more than 20 years. Her son, Kelly Randall, lives in Charlotte.

Ilene Allen (116B) is a retired homemaker from Matthews, North Carolina who likes reading and crossword puzzles. She has been a member of Matthews United Methodist Church since 1962. Her son, David, lives in Longwood, Florida; a daughter lives closer – Carolyn Dietz resides in Lexington.

Trevor & Jean Williams (310 Majestic Heights Drive). He is a retired Salisbury physician who enjoys wood carving and music. She is a homemaker who is into cooking, reading, bridge, and volunteer work. The Williams' son Robert lives in Charlotte; daughter Deborah Messinger stayed in her hometown. Daughter Eugenia Peskoe resides in Macon, GA. They have been members of First Presbyterian Church, Salisbury, for 27 years.

Wesley Barnes (136C) from Concord, NC, retired from textile industry. He enjoys golf and woodworking and is a member of McGill Baptist Church. His wife, Frances, is a new resident of the Lutheran Home at Trinity Oaks. Their children are Wesley, Jr., of Suffolk, Virginia, and Ronald of Concord.

Try Us. You'll Like Us.

Spend two delightful days at Trinity Oaks in our new fully furnished guest cottage at 312 Majestic Heights Drive. Meet staff and residents, sample our food, enjoy our hospitality, and see our community in action.

Call Diane at 704-633-1002, ext. 225 for details or reservations.

Fore? No, more!

The Virginia Casey Center at Lutheran Home at Trinity Oaks received the proceeds from the second annual Trinity Oaks Golf Tournament. More than \$26,000 was raised by 99 golfers, benefactors and hole sponsors who gathered for a fun afternoon at The Crescent on September 21. Sponsors included the Henry A. Headinger, Jr. Trust, F&M Bank, Wachovia Bank, SunDance Rehabilitation and Jarrell Contractors. Trinity Oaks residents Charles Leslie and Lee Bryant joined Jack Goodnight of US Food Service and architect Dana Conners as a foursome. Lunch was provided by US Food Service. The Virginia Casey Center (the new Alzheimer's Wing) is expected to open in December (See story page 2).



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Trinity Oaks Retirement Community 728 Klumac Road, Salisbury, NC 28144

Visit our Web site www.trinityoaks.net Call us at 704-633-1002

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Lindheim's book *The Art and Joy of Hospital Clowning*. They hope to be ready for prime time after an organizing meeting January.

Victory Junction is a year-round non-profit camp in Randleman, N.C. for children with a wide variety of health issues. The camp was founded by 2004 by NASCAR driver Kyle Petty and his wife Patty in memory of their son, Adam, who died in a racing accident. The campers, who range in age from 7 to 15, have a variety of needs that women at Trinity Oaks are helping fill. Catherine Hall and her team are busy making stuffed 12" Teddy bears; Elda Buxton et al are knitting or crocheting cuddly afghans and Martha Travis is guiding a group of experienced quilters. "We are reaching out to the community," said Catherine Hall. "We are giving back to others. Come spring, we'll take our bears, afghans and quilts, get on the Trinity Oaks bus and take it all to Victory Junction."

Trinity Ringers and Singers is a collaborative relationship between Trinity Oaks, St. John's Lutheran Church, and Rosemary and Karl Kinard. Activity and Wellness Director Karen Leonard asked Rosemary, head of choral music at Catawba College, if she would consider starting a choir at Trinity Oaks. That request blossomed. Rosemary is now director of the Trinity Singers, Rob Durocher, minister of music at St. John's, serves as accompanist and Karl directs the hand-chime ensemble. The two groups practice every Thursday and are scheduled for at least three joint performances over the next few months (See page 2).

The Trinity Oaks residents who have joined the groups "are incredibly enthusiastic and supportive," said Rosemary. "They are a joy to work with and they are very open to new ideas. Karl and I are pleased to a part of this marvelous cooperative venture."

Music, supplies and other details for the groups are funded by Trinity Oaks. Residents have helped with library duties, name tags, and applause.



It's for a good cause: Mike Walsh takes a pie in the face for United Way.

We're traveling to:

- ◆ "Cats" at Ovens Auditorium
- ◆ the Upper Mississippi, Cumberland and Ohio Rivers aboard luxury barges for a week
- ◆ Opera Carolina in Charlotte